

SAFETY AND YOUR RELATIONSHIP

RELATIONSHIP RIGHTS – YOU HAVE THE RIGHT TO:

- Express your opinions and have them respected.
- Change your mind.
- Say how money is earned, spent and saved.
- Not be physically, emotionally or sexually abused.

ASK YOURSELF THESE QUESTIONS:

- Are you frightened by your partner's temper?
- Are you afraid to disagree?
- Have you been hit, pushed or had things thrown at you?
- Does your partner keep you from seeing friends and family?
- Does your partner put you down then tell you they love you?

IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS, CONFIDENTIAL HELP IS AVAILABLE. WE CARE ABOUT YOU AND WANT YOU TO BE SAFE!

CONFIDENTIAL HELP IS AVAILABLE

You can call:

The National Domestic Violence Hotline at:

V/TTY 1-800-799-7233

When you call you can expect a caring, listening ear and a referral to talk with a confidential advocate at a local program near you.

The local program can help you with:

- Planning for your safety.
- Emergency shelter and/or transitional housing.
- Legal issues.
- Finding a support group.
- Public benefits.
- Questions about immigration.

YOU HAVE THE RIGHT TO BE SAFE!



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