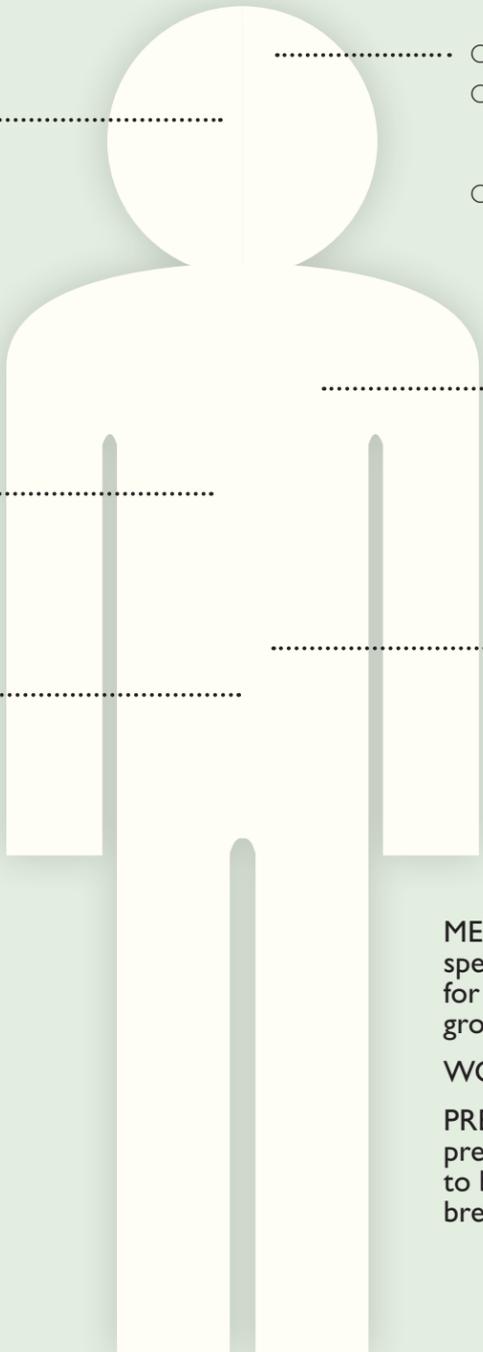


Marijuana *know the facts*

What are the risks of marijuana use?

- 
- Depression
 - Anxiety
 - Lack of motivation
 - Mood swings
 - Schizophrenia
 - Damages airways
 - Asthma
 - Lung infections
 - Emphysema
 - Lung cancer
 - Impairs immune system
 - Addiction
 - Delayed reaction time and coordination resulting in injury or car crashes
 - Impairs short term memory, learning, judgement, and sensory perception
 - Increases blood pressure, heart rate and risk of heart attack
 - Weight gain

MEN: Lowers testosterone and sperm production, increases risk for erectile dysfunction, breast growth, and testicular cancer

WOMEN: Fertility problems

PREGNANCY: Increased risk of premature birth, THC transfers to baby through placenta and breast milk

Need help?

For free referrals and emotional support:

Washington Recovery Help Line

1-866-789-1511

Teen Link

1-866-833-6546

Quick facts

- **Just like alcohol**, marijuana has health and safety risks.
- **Just like alcohol**, marijuana can damage the developing brain. Avoid using if pregnant, nursing or under 21.

One
in Ten



People who use marijuana will become addicted

5x

Increased risk of heart attack in the first hour after smoking

40%

Increased risk for psychosis



Get more facts at: www.LearnAboutMarijuanaWA.org

How does your use affect you?

Check yourself at www.drugscreening.org

Washington
Recovery Help Line
24-Hr Help for Substance Abuse, Problem Gambling & Mental Health
866-789-1511
www.waRecoveryHelpLine.org

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www.dshs.wa.gov/wasbirt

 Washington State
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