The Individual and Family Service Waiver helps support families who have a family member with a developmental disability who is three years or older by providing a choice of services to help maintain and stabilize the family unit.

If you or your family member has a developmental disability and you live together in your family home, you may be eligible to receive many services, such as:

- Respite care
- Nursing services
- Specialized Medical Equipment and Supplies
- Assistive Technology
- Behavior Support
- Community Engagement Support
- Environmental and Vehicular Modifications
- Staff/Family Consultation and Training
- Supported Parenting Services
- Peer Mentoring
- Person Centered Planning Facilitation
- Therapeutic Equipment and Supplies
- Physical, Occupational, and Speech Therapy
- Transportation

Call an office near you:

- **Spokane:** 1-800-319-7116
- **Yakima:** 1-866-715-3646
- **Seattle:** 1-800-974-4428
- **Everett:** 1-800-567-5582
- **Tacoma:** 1-800-735-6740
- **Olympia:** 1-888-707-1202

Or request IFS Waiver online at:
www.dshs.wa.gov/dda/service-and-information-request