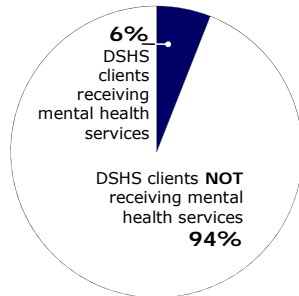
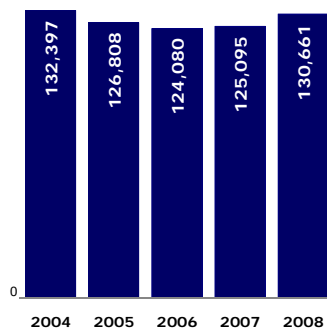


Percent of clients receiving this DSHS service

130,661 of 2,177,023 TOTAL, SFY 2008

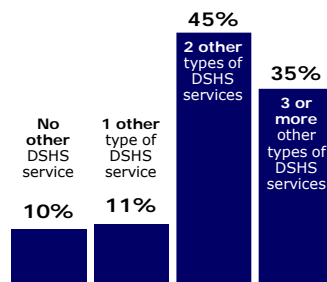


Mental health client trend



Clients need many services

In SFY 2008, percent using mental health services and . . .



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Report Number 11.146.030

Improving the health status of citizens through mental health services

2008 CLIENT SERVICE COUNTS

DELIVERY OF MENTAL HEALTH SERVICES falls within several areas of the Department of Social and Health Services. These areas coordinate to administer psychiatric treatment services for adults and children who are living with severe, chronic or acute mental illnesses, and alcohol and substance abuse related services.

The state's mental health services for those living with severe, chronic or acute mental illnesses are described in this handout. There are three channels for these mental health services:

- *Directly operated state psychiatric hospitals, which deliver services to clients on civil or forensic commitment orders.*
- *Contracts with Regional Support Networks (RSNs). RSNs are local administrative entities that contract with licensed community mental health providers to coordinate crisis response, community support, residential and resource management services. The state funds services to Medicaid eligible consumers within each RSN through capitated Prepaid Inpatient Health Plans, and limited services to non-Medicaid-eligible consumers within general state fund resources.*
- *The state also provides programmatic support and oversight for RSN services for adults, older adults, children and families, coordinates care with other care systems, and licenses and certifies the service providers. For some specialized services, the department directly issues and manages contracts with local providers.*

In SFY 2008, **130,661 clients** received the mental health services described below. The average cost per client was **\$4,916**.

CHILDREN'S LONG-TERM INPATIENT PROGRAMS

For children and youth, initial acute inpatient services are provided either in community psychiatric hospitals or in special units. Children's Long-Term Inpatient (CLIP) facilities provide inpatient care for children and youth who need extended inpatient services. Standing agreements between CLIP and the RSN detail the responsibility for the resource management of these beds. The CLIP facilities include the Child Study Treatment Center, a 47 bed state run facility on the grounds of Western State Hospital. The department also contracts for operation of three community run CLIP programs. These facilities provide for an additional 44 children statewide. *168 clients, average client cost = \$107,934*

Number of clients receiving a mental health service

SFY 2008

Total Clients = 130,661

DSHS Client Services Database

NOTE: Since most clients receive more than one service, the sum of the categories shown at right will exceed the total number of clients served by the program.

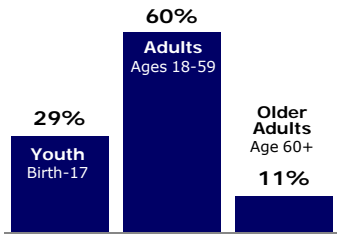
Community Inpatient and Outpatient Services **129,893**

3,181 State Hospitals

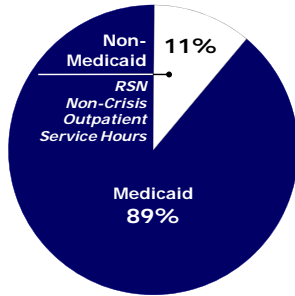
168 Children's Long Term Inpatient Program

NOTE: CSDB identifies service use information and expenditures specific to each DSHS client. Costs that cannot be assigned to individual clients are not included—such as facilities, licensing, admin, outreach, prevention, fraud investigation, community block grants, and cost recoveries.

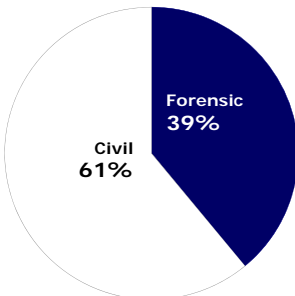
Age of clients receiving outpatient services
SFY 2009



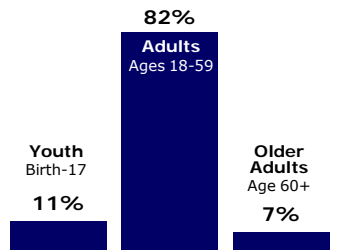
Most non-crisis outpatient services go to Medicaid clients
SFY 2009



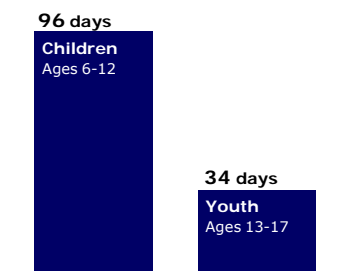
State hospital resident status
SFY 2009



Age of clients receiving community inpatient services
SFY 2009



Wait times for children and youth needing CLIP services
SFY 2009 • AVERAGE DAYS



STATE HOSPITALS

For adults requiring longer periods of treatment than available at community hospitals or evaluation and treatment facilities, specialized services are provided by the two adult psychiatric hospitals operated by the state, Eastern and Western State Hospitals. The Program of Adaptive Living Skills (PALS) is a residential program on the grounds of WSH and is intended as a transitional program where former patients are taught community living skills. *3,181 clients, average client cost = \$73,659*

COMMUNITY INPATIENT AND OUTPATIENT SERVICES

Acute psychiatric care on a voluntary and involuntary basis is provided in a variety of community settings including general hospitals, psychiatric specialty hospitals, and freestanding evaluation and treatment residential treatment facilities. To provide involuntary services, these hospitals and facilities must be certified and able to meet the treatment needs and rights of those who have been determined to meet state standards for involuntary mental health commitment. These certified settings provide services during emergency situations for the initial 72-hour detention and for an additional 14 days of commitment if necessary.

Outpatient support services support the person's recovery goals as documented in their individual plan. Crisis services include a 24-hour per day crisis line, in-person evaluations to anyone in the community, and stabilization services offered to maintain individuals in their current living situation. Crises are to be resolved in the least restrictive manner and should include family members and significant others as appropriate.

Outpatient rehabilitation services are provided to support people in their own homes and promote access to safe and affordable housing and community integration. These services include:

- Individual counseling and psychotherapy
- Medication management
- Crisis and stabilization
- High intensity treatment and program of assertive community treatment teams
- Peer support
- Day treatment (day support)
- Services to individuals transitioning from jails or correctional facilities
- Respite for caregivers, clubhouses, and supported employment as funding allows

Medically necessary services are provided as needed to Medicaid recipients and limited services may be available to some low income individuals who do not qualify for Medicaid. These services include Medicaid Personal Care, Community Options Program Entry Services (COPES), Washington Medicaid Integration Partnership pilots (in selected counties), and Medicare crossover. *129,893 clients, average client cost = \$3,002*

CHANGES FROM LAST YEAR: Community Inpatient/Evaluation and Treatment and Community Services were combined into Community Inpatient and Outpatient Services.