

These measures were produced by the DSHS Research and Data Analysis Division in collaboration with the Washington State Department of Commerce

# Housing Status of Youth Exiting Foster Care, Behavioral Health and Criminal Justice Systems

**JUNE 2017** 

### **About this Report**

This report provides information on the housing status of annual cohorts of youth (12 to 17) and young adults (18 to 24) exiting Washington State foster care, residential behavioral health and criminal justice systems. Youth aging out of foster care, discharged from publicly paid inpatient mental health or substance use disorder treatment, or released from Juvenile Rehabilitation institutions or the State's adult Department of Corrections facilities are followed over a 12 month period post-release using state administrative data. Administrative information on housing status is used to estimate rates of homelessness or housing instability within 6 and 12 months of discharge/release. Demographics, social services utilization, reinstitutionalization and homeless trends over time are described for each cohort State Fiscal Year (SFY).

### **Youth Populations**

Three populations are examined: 1) all youth and young adults who "age out" of foster care in a given year; 2) youth and young adults exiting publicly funded inpatient treatment for mental health or substance use; and 3) youth released from state juvenile rehabilitation institutions and young adults released from state Department of Corrections facilities.

### **Housing Status**

Youth and young adults may be determined to be Homeless or Homeless or Unstably Housed. Homeless refers to unsheltered youth or youth living in emergency shelters. Unstably Housed includes youth who are "couch surfing."

RDA REPORT NUMBER



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### **Housing Status Detail**

- 6 HOMELESS Youth with First Homeless Episode within 6 or 12 Months of Exit/Discharge with Program Detail
- 1 HOMELESS OR UNSTABLY HOUSED Youth with First Homeless or Unstably Housed Episode within 6 or 12 Months of Exit/Discharge with Program Detail

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### **DEFINITIONS**

#### **POPULATION**

• Youth and young adults aging out of Washington State foster care (end of out-of-home placement at 17 or older); discharged from publicly funded residential or inpatient treatment settings for mental health or substance use (age 12 to 24); released from Juvenile Rehabilitation institutions (age 12 to 21); or released from an adult correctional facility (age 18 to 24). If a youth was released multiple times in a cohort year, the last release in that year was used for this analysis. Because the ACES (see below) homeless indicators used for this analysis are only available for youth receiving assistance from the Supplementary Nutrition Assistance Program (Basic Food) or Temporary Assistance for Needy Families (TANF), the population is limited to youth or young adults who have at least one month of participation in either program in the follow-up year. Youth or young adults must be in the community (not reinstitutionalized) for at least three months during the follow-up period and therefore "at risk" of homelessness or housing instability.

### **STATUS**

- Housing: Youth may be determined to be Homeless or Homeless or Unstably Housed during the 12-month follow-up period. The indicators used to establish housing status are derived from the youth's living situation recorded in the Automated Client Eligibility System (ACES) and housing services recorded in the Homeless Management Information System (HMIS): youth are considered Homeless if at any time, the ACES living arrangement is "Homeless without Housing", "Emergency Housing/Shelter" or "Battered Spouse Shelter" or if HMIS housing services include "Emergency Shelter," "Homeless Prevention," "Rapid Rehousing," or "Transitional Housing" (individuals must be homeless to qualify for the latter four services). Youth are considered Homeless or Unstably Housed if they are homeless as described above or their ACES living situation is "Homeless with Housing" (e.g. couch surfing).
- **Re-institutionalized:** Youth are considered *re-institutionalized* if they return to *any* institutional setting (residential/inpatient treatment for mental health or substance use; Juvenile Rehabilitation institution/community facility or adult correctional facility; or foster care) at anytime during the 12-month follow-up period. Youth may count as re-institutionalized and homeless if both conditions apply during the follow-up period.

### **FOLLOW-UP PERIOD**

• The month in which a youth is released or discharged from a facility or ages out of foster care is the reference month (Month-1). Housing status is reported for Month-1 through Month-6 (i.e. Homeless within 6 months) and for Month-1 though Month-12 (i.e. Homeless within 12 months).

#### OTHER CHARACTERISTICS

• This tab describes prior year receipt of TANF or Basic Food assistance and Medicaid coverage; indicators of substance use or mental health disorders in the prior two years; lifetime criminal history; and any employment in the prior year.

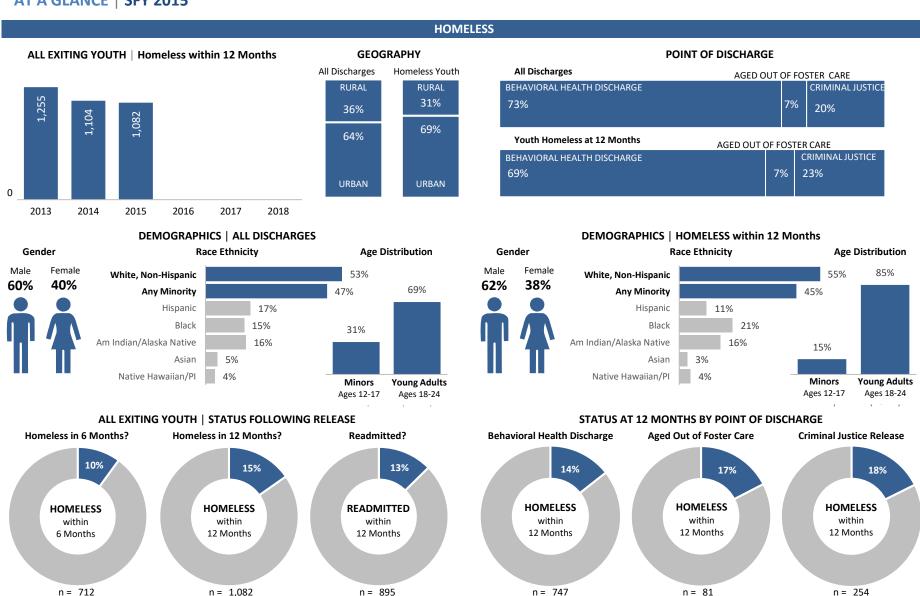
### **DATA SOURCES**

DSHS Integrated Client Database.



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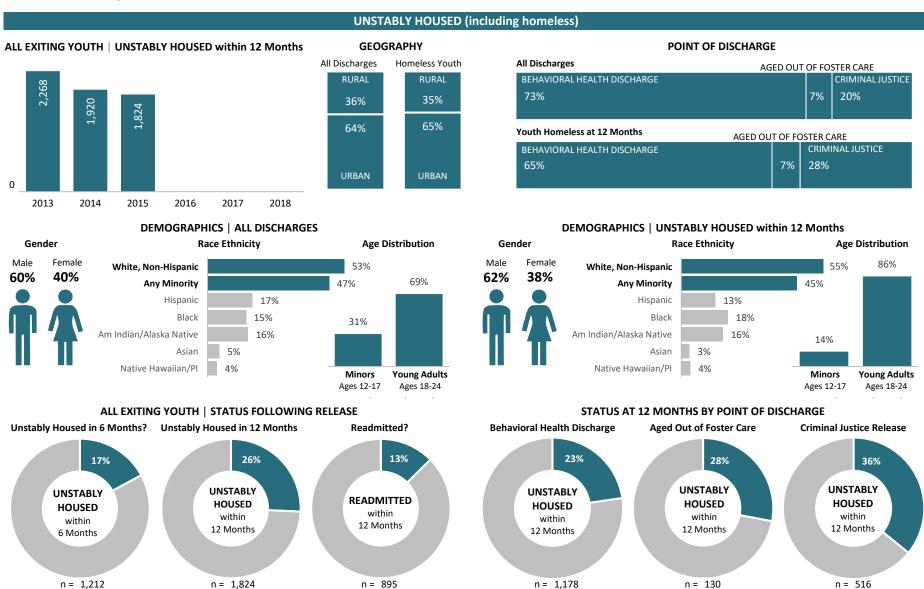
## AT A GLANCE | SFY 2015





**JUNE 2017** 

## AT A GLANCE | SFY 2015



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## MEASURE | Youth with First Homeless Episode within 6 or 12 Months of Exit/Discharge

83

115

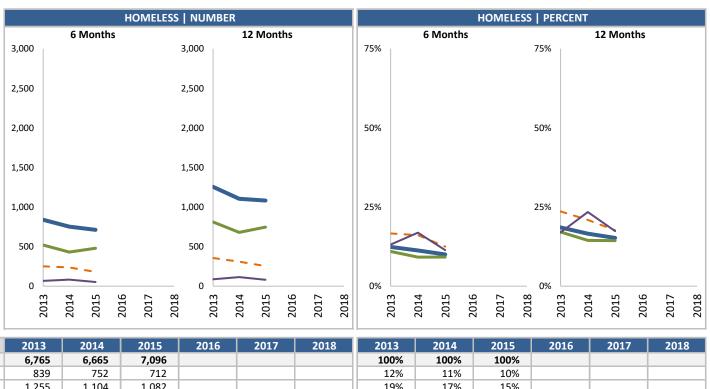
68

88

53

81





17%

23%

13%

17%

11%

17%

State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	6,765	6,665	7,096				100%	100%	100%			
Homeless, 6 Months	839	752	712				12%	11%	10%			
Homeless, 12 Months	1,255	1,104	1,082				19%	17%	15%			
Criminal Justice												
All Criminal Justice Releases	1,507	1,476	1,439				100%	100%	100%			
Homeless, 6 Months	251	238	180				17%	16%	13%			
Homeless, 12 Months	356	309	254				24%	21%	18%			
Behavioral Health												
All Behavioral Health Inpatient Treatment	4,740	4,698	5,192				100%	100%	100%			
Homeless, 6 Months	520	431	479				11%	9%	9%			
Homeless, 12 Months	811	680	747				17%	14%	14%			
Children's Administration												
Aged Out of Foster Care	518	491	465				100%	100%	100%			

Homeless, 6 Months

Homeless, 12 Months

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## MEASURE | Youth with First Homeless or Unstably Housed Episode within 6 or 12 Months of Exit/Discharge



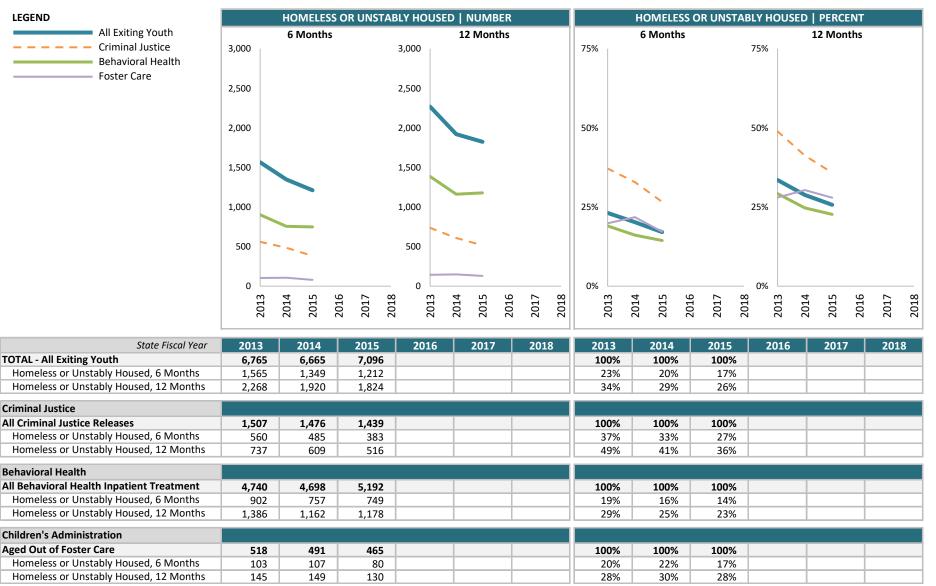
**TOTAL - All Exiting Youth** 

All Criminal Justice Releases

**Children's Administration** Aged Out of Foster Care

**Criminal Justice** 

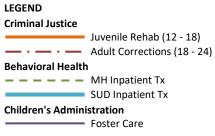
**Behavioral Health** 

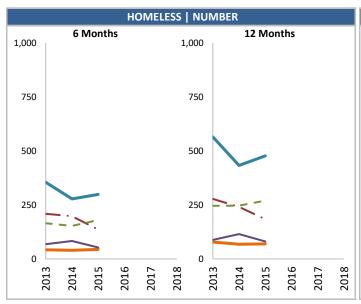


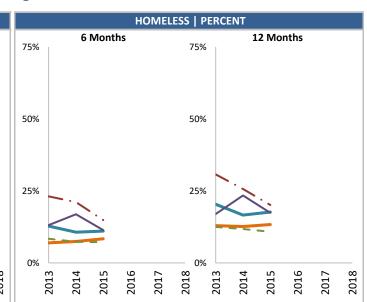


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## **DETAIL** | Youth with First Homeless Episode within 6 or 12 Months of Exit/Discharge







Criminal Justice	State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
Juvenile Rehabilitation (1	2 - 18)	603	538	525				100%	100%	100%			
Homeless, 6 Months		42	40	44				7%	7%	8%			
Homeless, 12 Months		78	68	70				13%	13%	13%			
Adult Corrections (18 - 24	)	904	938	914				100%	100%	100%			
Homeless, 6 Months		209	198	136				23%	21%	15%			
Homeless, 12 Months		278	241	184				31%	26%	20%			

Behavioral Health									
Mental Health Inpatient Treatment	1,967	2,093	2,493		100%	100%	100%		
Homeless, 6 Months	165	153	180		8%	7%	7%		
Homeless, 12 Months	246	247	270		13%	12%	11%		
Substance Use Inpatient Treatment	2,773	2,605	2,699		100%	100%	100%		
Homeless, 6 Months	355	278	299		13%	11%	11%		
Homeless, 12 Months	565	433	477		20%	17%	18%		

Children's Administration									
Aged Out of Foster Care	518	491	465		100%	100%	100%		
Homeless, 6 Months	68	83	53		13%	17%	11%		
Homeless, 12 Months	88	115	81		17%	23%	17%		

12 Months

2016

2018

75%

25%

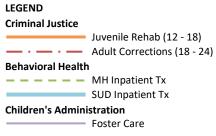
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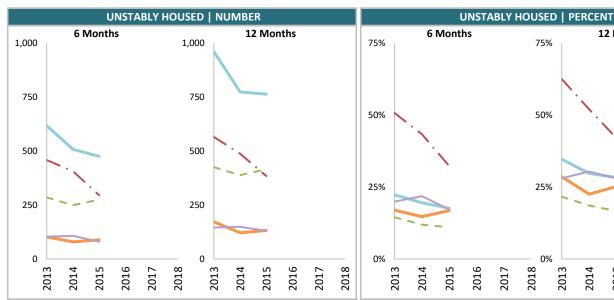


# **Housing Status of Youth Exiting Foster Care, Behavioral Health and Criminal Justice Systems**

**JUNE 2017** 

## DETAIL | Youth with First Homeless or Unstably Housed Episode within 6 or 12 Months of Exit/Discharge



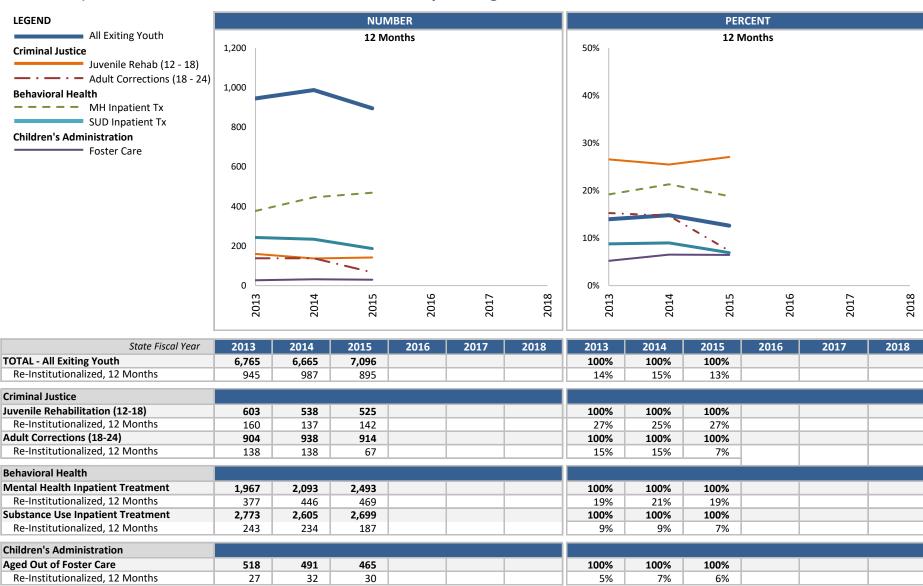


Criminal Justice	State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
Juvenile Rehabilitation	n (12 - 18)	603	538	525				100%	100%	100%			
Homeless or Unstabl	y Housed, 6 Months	102	79	88				17%	15%	17%			
Homeless or Unstabl	y Housed, 12 Months	172	121	132				29%	22%	25%			
Adult Corrections (18 -	- 24)	904	938	914				100%	100%	100%			
Homeless or Unstabl	y Housed, 6 Months	458	406	295				51%	43%	32%			
Homeless or Unstabl	y Housed, 12 Months	565	488	384				63%	52%	42%			
Behavioral Health													
Mental Health Inpatie	nt Treatment	1,967	2,093	2,493				100%	100%	100%			
Homeless or Unstabl	y Housed, 6 Months	285	249	274				14%	12%	11%			
Homeless or Unstabl	y Housed, 12 Months	425	388	415				22%	19%	17%			

					,,		/-		
Homeless or Unstably Housed, 12 Months	425	388	415		22%	19%	17%		
Substance Use Inpatient Treatment	2,773	2,605	2,699		100%	100%	100%		
Homeless or Unstably Housed, 6 Months	617	508	475		22%	20%	18%		
Homeless or Unstably Housed, 12 Months	961	774	763		35%	30%	28%		
Children's Administration									
Aged Out of Foster Care	518	491	465		100%	100%	100%		
Homeless or Unstably Housed, 6 Months	103	107	80		20%	22%	17%		
Homeless or Unstably Housed, 12 Months	145	149	130		28%	30%	28%		

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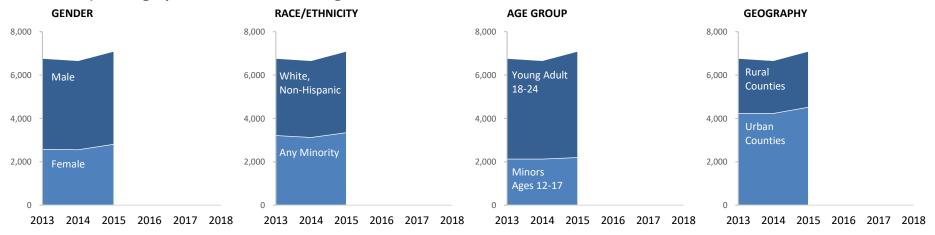
## MEASURE | Youth Re-Institutionalized or Re-admitted to any Setting within 12 Months





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## **MEASURE** | Demographics of All Youth Exiting

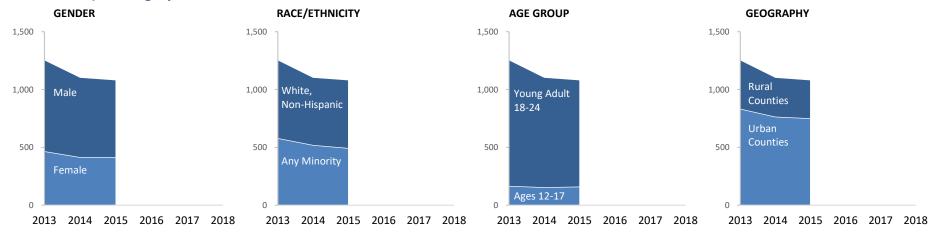


			NUM	1BER					PEF	RCENT		
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	6,765	6,665	7,096				100%	100%	100%			
GENDER												
Female	2,579	2,557	2,809				38%	38%	40%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	3,553	3,542	3,754				53%	53%	53%			
Minority												
Any Minority	3,212	3,123	3,342				47%	47%	47%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	1,142	1,119	1,234				17%	17%	17%			
Black	1,008	1,011	1,060				15%	15%	15%			
Am Indian/Alaska Native	1,171	1,093	1,111				17%	16%	16%			
Asian	288	307	328				4%	5%	5%			
Native Hawaiian/PI	195	233	261				3%	3%	4%			
AGE												
Minors (Ages 12-17)	2,130	2,128	2,196				31%	32%	31%			
Young Adult (18-24)	4,635	4,537	4,900				69%	68%	69%			
GEOGRAPHY												
Urban Counties	4,238	4,229	4,516				63%	63%	64%			



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## **MEASURE** | Demographics of Youth Who Were Homeless within 12 Months

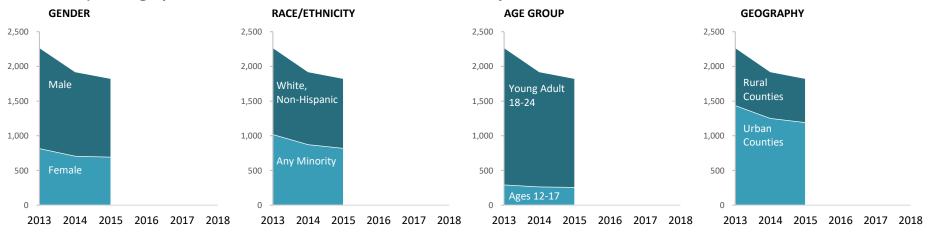


			HOMELESS	NUMBER					HOMELES	S   PERCEN	Т	
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	1,255	1,104	1,082									
GENDER												
Female	464	412	412				37%	37%	38%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	678	587	591				54%	53%	55%			
Minority												
Any Minority	577	517	491				46%	47%	45%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	159	140	115				13%	13%	11%			
Black	228	227	224				18%	21%	21%			
Am Indian/Alaska Native	231	195	173				18%	18%	16%			
Asian	41	60	34				3%	5%	3%			
Native Hawaiian/PI	30	39	47				2%	4%	4%			
AGE												
Minors (Ages 12-17)	164	152	158				13%	14%	15%			
Young Adult (18-24)	1,091	952	924				87%	86%	85%			
GEOGRAPHY												
Urban Counties	831	762	749				66%	69%	69%			



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## MEASURE | Demographics of Youth Who Were Homeless or Unstably Housed within 12 Months

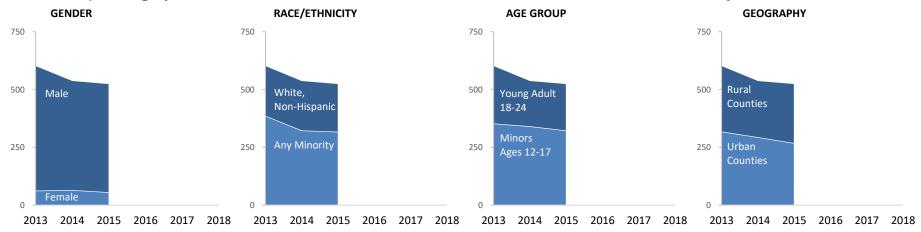


		HOMELESS	OR UNSTAB	LY HOUSED	)   NUMBER			HOMELES	S OR UNSTA	BLY HOUSE	D   NUMBER	
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	2,268	1,920	1,824									
GENDER												
Female	815	707	693				36%	37%	38%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	1,250	1,049	1,006				55%	55%	55%			
Minority												
Any Minority	1,018	871	818				45%	45%	45%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	309	243	241				14%	13%	13%			
Black	397	351	330				18%	18%	18%			
Am Indian/Alaska Native	395	324	295				17%	17%	16%			
Asian	78	90	59				3%	5%	3%			
Native Hawaiian/PI	54	67	64				2%	3%	4%			
AGE												
Minors (Ages 12-17)	292	263	257				13%	14%	14%			
Young Adult (18-24)	1,976	1,657	1,567				87%	86%	86%			
GEOGRAPHY												
Urban Counties	1,435	1,249	1,190				63%	65%	65%			



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## MEASURE | Demographics of Youth Released from Juvenile Rehabilitation Institutions or Community Facilities

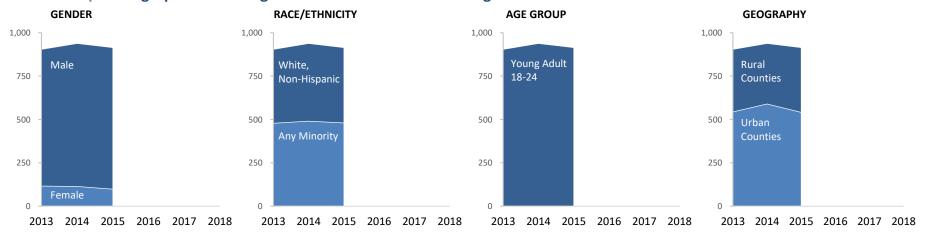


			NUM	/IBER					PER	CENT		
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	603	538	525				100%	100%	100%			
GENDER												
Female	62	64	55				10%	12%	10%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	218	216	209				36%	40%	40%			
Minority												
Any Minority	385	322	316				64%	60%	60%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	160	119	131				27%	22%	25%			
Black	140	145	123				23%	27%	23%			
Am Indian/Alaska Native	113	76	82				19%	14%	16%			
Asian	23	21	23				4%	4%	4%			
Native Hawaiian/PI	24	25	19				4%	5%	4%			
AGE												
Minors (Ages 12-17)	352	340	322				58%	63%	61%			
Young Adult (18-24)	251	198	203				42%	37%	39%			
GEOGRAPHY												
Urban Counties	317	293	267				53%	54%	51%			



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## **MEASURE** | Demographics of Young Adults Released from Washington State Adult Corrections Facilities

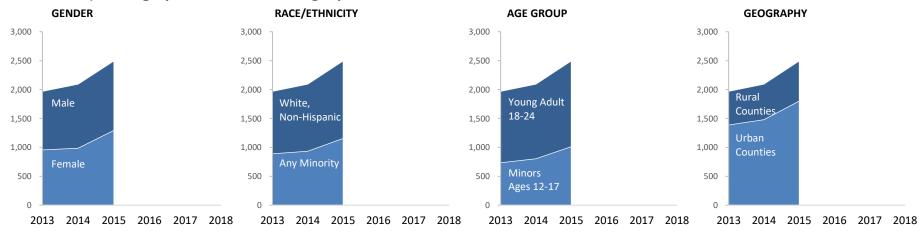


			NUM	/IBER					PER	CENT		
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	904	938	914				100%	100%	100%			
GENDER												
Female	116	114	98				13%	12%	11%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	426	448	434				47%	48%	47%			
Minority												
Any Minority	478	490	480				53%	52%	53%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	169	178	185				19%	19%	20%			
Black	210	196	184				23%	21%	20%			
Am Indian/Alaska Native	113	136	120				13%	14%	13%			
Asian	31	43	26				3%	5%	3%			
Native Hawaiian/PI	25	33	38				3%	4%	4%			
AGE												
Minors (Ages 12-17)	0	0	0				0%	0%	0%			
Young Adult (18-24)	904	938	914				100%	100%	100%			
GEOGRAPHY												
Urban Counties	543	589	541				60%	63%	59%			



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## **MEASURE** | Demographics of Youth Exiting Inpatient Mental Health Treatment

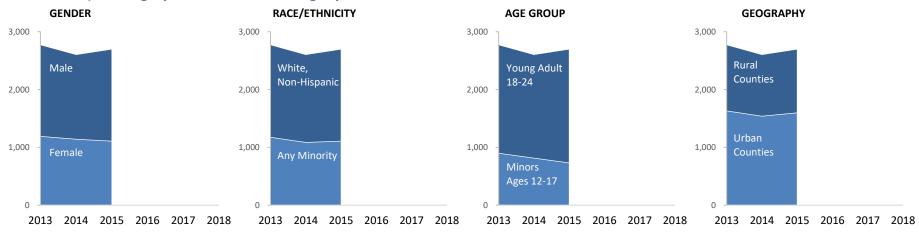


			NUN	/IBER					PER	CENT		
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018
TOTAL - All Exiting Youth	1,967	2,093	2,493				100%	100%	100%			
GENDER												
Female	954	985	1,293				49%	47%	52%			
RACE/ETHNICITY												
White Only												
White, Non-Hispanic	1,077	1,161	1,339				55%	55%	54%			
Minority												
Any Minority	890	932	1,154				45%	45%	46%			
Race/Ethnic Detail (may be multiple races)												
Hispanic	290	326	425				15%	16%	17%			
Black	312	324	391				16%	15%	16%			
Am Indian/Alaska Native	244	264	305				12%	13%	12%			
Asian	116	122	162				6%	6%	6%			
Native Hawaiian/PI	67	74	103				3%	4%	4%			
AGE												
Minors (Ages 12-17)	734	802	1,011				37%	38%	41%			
Young Adult (18-24)	1,233	1,291	1,482				63%	62%	59%			
GEOGRAPHY												
Urban Counties	1,388	1,477	1,800				71%	71%	72%			



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## **MEASURE** | Demographics of Youth Exiting Inpatient Substance Use Treatment

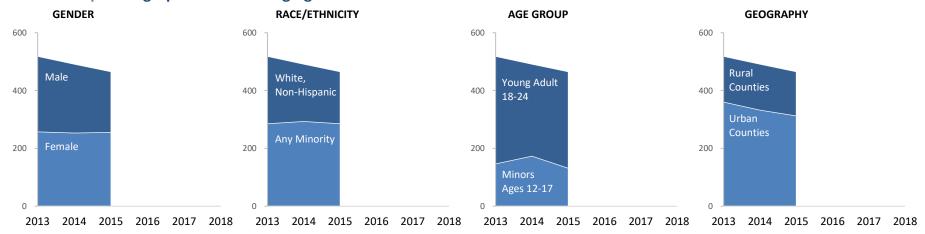


	NUMBER						PERCENT						
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018	
TOTAL - All Exiting Youth	2,773	2,605	2,699				100%	100%	100%				
GENDER													
Female	1,190	1,141	1,108				43%	44%	41%				
RACE/ETHNICITY													
White Only													
White, Non-Hispanic	1,599	1,519	1,592				58%	58%	59%				
Minority													
Any Minority	1,174	1,086	1,107				42%	42%	41%				
Race/Ethnic Detail (may be multiple races)													
Hispanic	432	398	409				16%	15%	15%				
Black	239	233	266				9%	9%	10%				
Am Indian/Alaska Native	578	496	481				21%	19%	18%				
Asian	93	96	94				3%	4%	3%				
Native Hawaiian/PI	65	79	85				2%	3%	3%				
AGE													
Minors (Ages 12-17)	898	813	732				32%	31%	27%				
Young Adult (18-24)	1,875	1,792	1,967				68%	69%	73%				
GEOGRAPHY													
Urban Counties	1,630	1,538	1,596				59%	59%	59%				



**JUNE 2017** 

## **MEASURE** | Demographics of Youth Aging Out of Foster Care

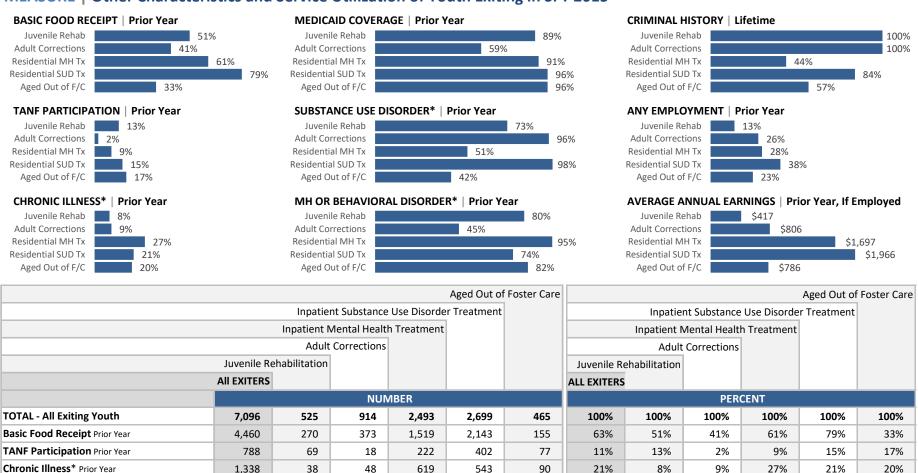


	NUMBER						PERCENT						
State Fiscal Year	2013	2014	2015	2016	2017	2018	2013	2014	2015	2016	2017	2018	
TOTAL - All Exiting Youth	518	491	465				100%	100%	100%				
GENDER													
Female	257	253	255				50%	52%	55%				
RACE/ETHNICITY													
White Only													
White, Non-Hispanic	233	198	180				45%	40%	39%				
Minority													
Any Minority	285	293	285				55%	60%	61%				
Race/Ethnic Detail (may be multiple races)													
Hispanic	91	98	84				18%	20%	18%				
Black	107	113	96				21%	23%	21%				
Am Indian/Alaska Native	123	121	123				24%	25%	26%				
Asian	25	25	23				5%	5%	5%				
Native Hawaiian/PI	14	22	16				3%	4%	3%				
AGE													
Minors (Ages 12-17)	146	173	131				28%	35%	28%				
Young Adult (18-24)	372	318	334				72%	65%	72%				
GEOGRAPHY													
Urban Counties	360	332	312				69%	68%	67%				



**JUNE 2017** 

## **MEASURE | Other Characteristics and Service Utilization of Youth Exiting in SFY 2015**



2,274

1,157

2.161

1.092

\$ 1,697

692

2,594

2,550

1.907

2,261

1,021

\$ 1,966

447

187

365

264

107

786

537

518

239

914

235

806

Ś

89%

73%

80%

100%

13%

89%

75%

80%

71%

30%

91%

51%

95%

44%

28%

59%

96%

45%

26%

100%

96%

98%

74%

84%

38%

Average Annual Earnings Prior Year, If Employed

Medicaid Coverage Prior Year

**Criminal History** Lifetime

Any Employment Prior Year

Substance Use Disorder\* Prior Two Years

MH or Behavior Disorder\* Prior Two Years

96%

42%

82%

57%

23%

6,321

4,756

5.047

5.056

2,123

\$ 1,530

469

344

375

525

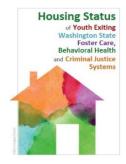
68

417

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<sup>\*</sup>Percentages are based on those with Medicaid coverage only.

### **JUNE 2017**



### **CONTRIBUTORS**

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