

A Guide to the Community Projects

December 2000, Project Action Plan

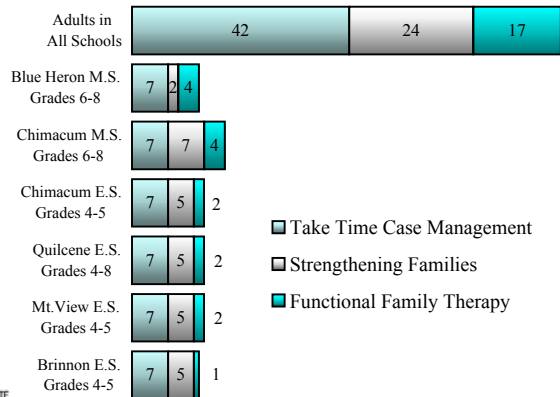
Jefferson County Prevention Project

Program Services	Risk Factors								Protective Factors			Science Rigor	Annual Program Service Cost
	Favorable Parental Attitudes and Involvement in the Problem Behavior	Family Management Problems	Early and Persistent Antisocial Behavior	Healthy Beliefs and Clear Standards	Social Skills	Bonding: Family Attachment							
Take Time Case Management	♦	♦	♦						♦	♦	♦	3	\$37,253
Strengthening Families	♦	♦	♦						♦	♦	♦	5	\$40,735
Functional Family Therapy	♦	♦	♦						♦	♦	♦	5	\$38,284

Jefferson County -
Olympic Education Service District #114

Project Action Plan

Annual Target Population



Anticipated Changes

Take Time Case Management
Parents will increase understanding of the effect on their children of their use of ATOI
Youth will increase perceived harm related to alcohol, tobacco, & other drug use
Youth will decrease favorable attitudes toward alcohol, tobacco, & other drug use

Strengthening Families
Youth will increase knowledge of the negative consequences of ATOD use
Youth will develop better social/coping skill
Parents will increase knowledge of the negative consequences of ATOD use
Parents will increase knowledge of parenting skill

Functional Family Therapy
Youth will increase their ability to cope with family members who are using ATOI
Parents will acknowledge the impact on their children of their ATOD use
Parents and their children will demonstrate an increase in family bonding

Anticipated Number of Participants

DSHS, RDA Progress Report 4.43-9C



**State Incentive Grant
COMMUNITY-BASED PREVENTION ACTION PLAN IMPLEMENTATION MATRIX**

Community Project Name: Jefferson County Prevention Project

Lead Agency for SIG Community Project: Olympic Educational Service District 114

Address of Lead Agency: 105 National Avenue North, Bremerton, WA 98312

Phone number/e-mail of Lead Agency: Secretary: (360) 405-5843/ kdavis@oesd.wednet.edu

Project Director: Kristin Schutte

PRG SVC #	Program Service Name	Science Rigor	Budget	Beginning	End	Provider	Location
1	Functional Family Therapy	5	\$114,826	8/01	8/02	Olympic ESD 114	
TOTAL			\$114,826				

2. List Partners: (Indicate specific contribution to prevention service specified, such as: deliver services, in-kind (space, etc), funds, referrals)

<ul style="list-style-type: none"> • Substance Abuse No Excuse (Parent Prevention Group) • Parents and Kids (Parents Prevention Group) • Juvenile Offenders Information Network • Jefferson County Alcohol/Drug Advisory Board • Health and Human Services; Jefferson County – Health and Safety Community Network • Youth Initiative Program Partnership – Examples in Excellence (YIPPEE Prevention Group) • Student Assistance Program 	<ul style="list-style-type: none"> • Olympic ESD 114 Student Assistance Programs Prevention/Intervention Programs • 4H Cooperative – Washington State University Extension • Local Community Church Groups – Ministerial Associations. • Brinnon School District No. 46 • Chimacum Elementary School • Chimacum Middle School • Mountain View Elementary • Port Townsend School District • Quilcene School District No. 48 	<ul style="list-style-type: none"> • All community groups, schools & OESD will provide in-kind match in Coordinated Prevention Activities and Advisory Board participation; Jefferson County Juvenile Justice will provide matching funds for FFT training; School districts will provide in-kind space, phone and school-site supplies and materials if needed.
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Approval Date: _____

Approved By: _____

State Incentive Grant Project Director

NAME OF PREVENTION PROGRAM: Olympic ESD 114

1.		2.	3.		4.
RISK FACTOR PRIORITIZED		RISK FACTOR(S) INDICATOR	PROTECTIVE FACTOR(S) PRIORITIZED		PROTECTIVE FACTOR(S) INDICATOR
Prg Svs #*			Prg Svs #*		
1	<ul style="list-style-type: none"> • Early and persistent antisocial behavior. • Parental misuse of tobacco, alcohol and other drugs. • Family Management Problems: • Unclear expectations for behavior, lack of monitoring, inconsistent or harsh discipline, lack of bonding and caring, marital conflict. 	<ul style="list-style-type: none"> • Lifetime use and use in the last 30 days prevalence higher than the state average. • Students report increased usage by parents. • Higher than state average of reported CPS cases and family households headed by a single parent. 	1	<ul style="list-style-type: none"> • Norms support non-use among youth. • Encourage supportive relationships with caring adults. • Family spends quality time with children. • Family develops close bonding with children (family attachment). • Family has clear expectations. 	<ul style="list-style-type: none"> • Parents are able to set clear standards around alcohol/drug use for their children. • Students participate in school activities. • Children report they feel supported and listened to by their parents.

* See Table on page one for key to program services

NAME OF PREVENTION PROGRAM: Olympic ESD 114

5.		6.			7.	
RESOURCE ASSESSMENT (for Risk Factor/Protective Factor)		PROBLEM(S) RELATED TO PRIORITIZED:			ANTICIPATED IMMEDIATE CHANGES Related to participation in Prevention Services (refers to immediate outcomes)	
Available	Missing	Risk Factor	Protective Factor	Resource Gaps	Prg Svs #*	
<p>High Schools</p> <ul style="list-style-type: none"> • Intervention Specialists ATOD Education • Individual and group support for recovery • Individual and group support for COA • Assessment & Tx referral <p>Middle Schools</p> <ul style="list-style-type: none"> • Intervention Specialist • ATOD Education • Individual and group support for COA and recovery • Screening and TX referral <p>Elementary Schools</p> <ul style="list-style-type: none"> • DARE • Elementary Counselor <p>Community/Family</p> <ul style="list-style-type: none"> • Local churches have supportive activities for youth and families; • Family counseling and TX community services are available; • Domestic violence prevention and awareness activities occur; • After school activities are available for youth to participate; • Youth community centers are present in the community; • Summer programs; • Nursing home visit Birth-2 	<p>Missing:</p> <p>High Schools</p> <ul style="list-style-type: none"> • Family education & intervention <p>Middle Schools</p> <ul style="list-style-type: none"> • Family education & intervention <p>Elementary Schools</p> <ul style="list-style-type: none"> • Family education & intervention • ATOD Education • Individual and group support for COA <p>• Screening & referral</p> <p>Community/Family</p> <ul style="list-style-type: none"> • Most services target youth ages 13-18. 	<ul style="list-style-type: none"> • Parents who are harmfully involved in substance abuse and/or have unhealthy family dynamics, tend to set unclear expectations, lack monitoring and are inconsistent with discipline. Thus, creating lack of bonding within the home increasing the child's risk of becoming involved with alcohol/drugs. • Youth who are identified to be served by this project show early and persistent antisocial behavior evidenced by high rates of disciplinary referrals, acting out in the classroom, and disregard for rules set forth by the teachers and administrators of the school. 	<ul style="list-style-type: none"> • Protective Factor • Youth who are identified to be served by this project are not bonded to school as evidenced by higher rates of absenteeism, truancy and lack of participation in school activities. • Youth to be served by the project are not bonded or connected to a strong family support system evidenced by parental substance abuse and potential threat of violence in their home 	<p>Resource Gaps</p> <ul style="list-style-type: none"> • Middle School students have limited access to selective and indicated services. • Elementary School students do not have access to selective and indicated services. 	1	<ul style="list-style-type: none"> • Youth will increase their ability to cope with family members who are using ATOD. • Parents will acknowledge the impact of their ATOD use on their children. • Parents and their children will demonstrate an increase in family bonding.

* See Table on page one for key to program services

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8. TARGET POPULATION							9. ELIGIBILITY TO PARTICIPATE (Criteria)	
Prg Svs #*	YOUTH			School Survey		ADULT		
	Proposed	Description (by grade, ethnicity)	By School	Spr 98	Fall 99	Proposed	Description	
1	30	Grades 4 through 8	Port Townsend School District: Mt View Elementary Blue Heron Middle	10 & 12	6 and 8	30	Parents/Guardians of referred students	<ul style="list-style-type: none"> Family History of use and/or family management problems (i.e. history of mental illness, child abuse & neglect, older sibling involved in risky behaviors.) Difficulty in school related to behavior management /school bonding
			Chimacum School District: Chimacum Elementary Chimacum Middle	6, 8, 10 & 12	6, 8, 10 & 12			
			Quilicene School District		Too small of pop			
			Brinnion School District		Too small of pop			

10. PROGRAM ACTIVITY(S) Related to Prevention Actions and Program Services				11. Institute of Medicine PREVENTION DEFINITION			12. DOMAIN(S) OF ACTIVITY(S)
Prg Svs #		Rigor	Universal	Selective	Indicated	(Community, family, school, individual)	
1	Functional Family Therapy: <ul style="list-style-type: none"> Family therapy sessions Home visits Resource & referral Skill building: communication, positive behavior/behavior management parenting techniques and reframing skills 	5			X	Community and Family	

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13.		14.			15.	16.	
PROTECTIVE FACTORS/COMPONENTS/INCENTIVES ADDRESSED IN EACH ACTIVITY		DOSAGE OF EACH ACTIVITY(S).			LOCATION OF EACH ACTIVITY(S)	ACTIVITY BEGIN AND END DATES	
Prg Svs #*		<i>Number time each program cycle offered</i>	<i>Number of sessions each program cycle</i>	<i>Length (in hours) of each session</i>		<i>Begin</i>	<i>End</i>
1	Program enhancement services at each school site to ensure program service coordination and visibility:		10	1 hr	Port Townsend School District: Mt View Elementary Blue Heron Middle	8/01*	6/02*
	Student support groups: Children of Alcoholics Social Skills		10	1 hr	Chimacum School District: Chimacum Elementary Chimacum Middle		
	Parenting Classes		3-10	1 hr	Quilicene School District 4-8		
	Team staffing participation			1 hour	Brinnion School District 4-8		
	Functional Family Therapy		Average 12 minimum of 6 sessions maximum of 14	Minimum of 6 hrs/family maximum 56 hours	A minimum of 12 and a maximum of 24 students will be served throughout Jefferson County.		

*Each referral to program begins at own start and end date.