## Department of Social and Health Services

### **Community Services Division**

#### **Social Services Manual**

Revision: # 142

Category: Disability Determination – Acceptable Medical Evidence

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#### **Summary**

Revised and updated this page to streamline with Acceptable Medical Source (AMS) rule changes to WAC 388-449-0010- What evidence do we consider to determine disability?

# Disability Determinations - Acceptable Medical and Other Evidence

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WAC 388-449-0010 What evidence do we consider to determine disability?

WAC 388-449-0015 What medical evidence do I need to provide?

### **Clarifying Information- WAC 388-449-0010**

- A diagnosis of a medically determinable disabling impairment must be from established by an
  "acceptable medical source" as defined in WAC 388-449-0010. This The diagnosis must be supported by
  means report or chart notes objective medical evidence described in WAC 388-449-0015 and be based
  on an examination from a physician, psychiatrist, or psychologist within the last 5 years of the
  application date.
- 2. After a diagnosis <u>iof a potentially disabling impairment has been</u> established, we can use medical evidence from "treating medical sources" as providers (PAC's and ARNP) for current medical evidence.
- 3. Once we have an impairment established by a doctor, diagnosis and current medical evidence, then we may include "other evidence", at our discretion, use documentation of how an impairment limits functioning from other sources. Other sources include, but as supporting documentation. are not limited to:
- 4. Chiropractors
- 5. Physical therapists
- 6. Naturopaths
- 7. Therapists
- 8. Social workers
- 9. Care givers
- 10. Employers
- 11. Family member

<del>12.</del>3. –

#### Clarifying Information -- WAC 388-449-0015

- 1. Statements regarding how <u>the impairment(s)</u> limit a <u>clientperson</u>'s functioning must be consistent with objective medical evidence.
- 2. When determining if a medically determinable condition exists, we only use <u>primary</u> diagnos<u>e</u> is of conditions that will produce potentially disabling symptoms or impairments.
  - 1. <u>S</u>These symptoms can either be the direct result of the disease or injury, or as a result of treatment for the condition.

- 2. <u>Some e</u>Examples of diagnos<u>e</u>is that don't qualify as<u>a diagnosis of</u> a potentially disabling conditionimpairment are:
  - 1. Attention deficit hyperactivity disorder (ADHD);
  - 1.2., and other Learning disorders, are not considered disabling conditions for adults by SSA and cannot be used as a disabling condition for ABD.;
  - 2.3. Hypertension is typically asymptomatic and therefore is expected produce potentially disabling symptoms.;
  - 4. Hepatitis;

- 1. <u>Hepatitis</u> is <u>also</u>-typically asymptomatic or produces mild symptoms. <u>Jif</u> the disease has progressed, interferon treatment could result in significant fatigue, but mway not meet the duration requirement for disability.
- 5. Bereavement or grief is not acceptable diagnosis.
  - 2. While the severity may be temporarily disabling, it is not reasonable to expect the condition to last for 12 months or more.

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- 3. Pain cannot be used as a diagnosis. There must be a medically determinable condition (diagnosis of an injury or disease).
- 3.4. Once <u>a the</u> diagnosis has been established by an <u>"acceptable medical source,"</u> then written evidence from <u>other</u> treating professionals or non-medical sources can be used to determine how the impairment affects the <u>clientperson</u>'s ability to function.

**EXAMPLE:** Milly has a diagnosis of degenerative disc disease from a physician. Milly'sHer MRI indicates moderate stenosis. Milly provides a letter from their daughter describing how her mother Milly complains of a tingling sensation in their hands, and that Millyshe has recently seen her mother dropped objects that weigh more than 10 lbs. Since Milly has a medically determinable impairment condition that could result in the symptoms described, theher daughter's statements can be used to help determine the severity of Milly's her impairments and her exertional level of exertion.

**EXAMPLE:** Bart states that pain in their his knee keeps themhim from working. The physician who examined Barthim found mild edema, but no crepitus, or other abnormal findings., and Bart's gait and station were noted within normal limits (WNL). Bart also provided a statement from a physician's assistant (PAC) that he had seen previously which that stated Bart was limited to sedentary work due to knee pain. Since Bart does not have a medically determinable impairment condition, the statement from the PAC can't be used to when making a determination of disability.