Department of Social and Health Services

Community Services Division

Social Services Manual

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Summary

Removed this page. MSE guidelines are outlined in the CSD Mental Incapacity Evaluation (MIE) contract.

Mental Status Exam Guidelines

Revised December 12, 2011

A mental status exam (MSE) must accompany all mental health reports for determination of Disability based benefits. A MSE must be included with the submission of DSHS form 13-865.

A mini mental status exam (MMSE) cannot be substituted for a MSE.

MSE GUIDELINES

Every MSE must include observation detail for each of the categories listed below. Individual questions may be altered and additional questions may be added:

-	Examples of observation detail:
General Appearance	 Well groomed or unkempt? What is the person wearing? Are clothes appropriate for weather and situation?

-	Examples of observation detail:
	 Evidence of psychomotor agitation or retardation? Give examples.
Attitude and Behavior	 Is the person cooperative, irritable, belligerent etc.? Is there any indication of malingering or factitious behavior? Explain.
Mood and Affect	 How does the person describe his or her mood? Is the person's affect congruent with the stated mood? Explain.
Content of Thought	 Are there any delusions? Is the person suicidal? Homicidal? What leads you do this conclusion?
Stream of Mental Activity	 Is speech normal or tangential or circumstantial? Give Examples.
Orientation	 Is the person oriented times three?
Memory	 Remote—can person remember past events? Recent—can person remember 3/3 objects after 5 min? Immediate—how well can the person do digit span back and forward?
Fund of Knowledge	 Is the person aware of current events? Give examples. Does the person know the names of the president and governor? Can the person answer simple geography questions, such as naming bordering states?
Concentration	 Serial 7's or 3's? Give person's response. Spell WORLD forward and backward? Follow a three step command? Difficulty following conversation. Give examples.

-	Examples of observation detail:
Abstract Thinking	 Interpret proverbs? Give examples.
Insight and Judgment	 Does the person have insight into his/her condition? Does the person show good judgment when asked what he/she would do if smelling smoke in crowded theater?