



Administrative Policy No. 19.10.03

Subject: Reimbursement for Meals

Contact: Office of Accounting Services
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Authorizing Source: State administrative & accounting manual (SAAM), [Chapter 10](#)

Effective Date: July 1, 2004

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Assistant Secretary / Chief Financial Officer
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Purpose

To establish policy for the reimbursement of meals.

Scope

This policy applies to all Department of Social and Health Services (DSHS) employees, community compensation participant, board and commission members (unless stated otherwise in statute), volunteers, and community compensation participant [class one group members](#) with direct lived experience reimbursed in accordance with 2SSB5793 and the Governor's office of equity community compensation guidelines.

This policy does not apply to contractors reimbursed by specific contractual arrangements.

Additional Guidance

State administrative & accounting manual (SAAM)

Subchapter [10.80](#)

Subchapter [10.90](#)

DSHS administrative policies:

Subchapter [19.10](#), travel policies

[19.70.11](#), Meals with meetings

[18.25](#), Religious accommodations

[18.26](#), Disability reasonable accommodations

[Form picker](#)

02-752, In-state travel arrangements

Definitions

Approving manager means the approving authority responsible for the traveler's travel status and reimbursement.

Board members are those individuals who serve on a board, commission, or committee in either an advisory, coordinating or planning capacity, or a rule making capacity.

Community compensation participant is an agency partner who is a part of historically excluded communities who have been disproportionately impacted by government decisions. The community compensation participant provides their lived experience perspective—their personal, direct experience related to the subject matter—to agency events and workgroups where activities, policies, processes, and systems are being addressed. A community compensation participant is not a volunteer. They may be compensated for their work with a stipend and reimbursed for expenses, where applicable, in accordance with 2SSB 5793 and the office of equity, and DSHS community compensation guidelines.

Commute route means the most direct route between the last stop (home or business stop) within the official residence and the first stop (regular workplace or business stop) within the official station, or vice versa. When the official residence and official station are the same city or town, the commute route is the most direct route from the traveler's home to their first business stop within their official station/residence and the most direct route from the last business stop within their official station/residence to their home. (See COMMUTE diagram)

Continental breakfast means a breakfast generally consisting of juice, bread, and a hot beverage (typically coffee or tea). Fruit is sometimes included as part of the price or as a priced option.

Eleven hour rule refers to the rule that requires an employee to be in travel status for at least eleven hours to qualify for a meal reimbursement.

Five hour rule refers to the rule that requires a volunteer, board, or commission member to be in travel status for at least five hours to qualify for a meal reimbursement.

IRS is the federal Internal Revenue Service.

Official residence is the city, town, or other location where a state official or employee maintains a residence that is used as their primary domicile. Determinations by the agency head or authorized designee regarding a state official or employee's official residence are to be

based on items such as voter registration, ownership, or long-term rental of a personal residence, and the permanent address carried in the state official or employee's personnel or other file.

Official station means the city, town, or other location where the state official's or employee's office is located, or the city, town, or location where the state official's or employee's work is performed on a permanent basis. For the purposes of these travel regulations, Olympia, Tumwater, and Lacey are considered to be the same official station. A state official's or employee's official station is to be designated by the agency. It is to be determined by the needs of the agency and not assigned because it is the home or preferred living area of a state official or employee.

Overnight travel means a traveler was in travel status substantially longer than an ordinary day's work, **AND** the traveler stopped for substantial sleep or rest.

Part-time schedule means a schedule of less than 8 hours on a given day. Travelers working a full-time schedule (40 hours) that includes specific days with regularly scheduled hours of less than 8 hours are considered to have a part-time schedule on those specific days.

Regular workplace means the location where a state employee or state official normally performs their work (excludes meeting and conference rooms).

Regularly scheduled work hours means the established work schedule of an employee as documented in their personnel records. For non-employees, the regularly scheduled work hours are considered to be 8:00 AM – 5:00 PM (M-F) unless documented otherwise.

Taxable meal means the meal for which a traveler is reimbursed but is not incurred with overnight travel. In these situations, the meal reimbursement is considered wages and must be reported to the IRS as taxable.

Travel expense and management system (TEMS) is the software program used to process travel reimbursement requests and travel advances.

Travel status means the official status of a traveler when the traveler is away from both their official residence and their official station on official state business, exclusive of commuting between the traveler's official station and official residence (SAAM).

Traveler means any DSHS employee, officer, volunteer, community compensation participant, board member, or commission member traveling on official state business (SAAM).

Volunteer A volunteer is a person, other than an emergency services worker as described by chapter 38.52 RCW, who, of their own free choice, performs any assigned or authorized duties

for the state or any agency thereof. A volunteer receives no wages and is registered and accepted as a volunteer by the state or any agency thereof, for the purpose of engaging in authorized volunteer service.

Policy

A. For non-overnight travel on a scheduled work day, a traveler is eligible for a meal reimbursement if the traveler is in travel status:

1. For at least eleven hours for employees, five hours for volunteers, community compensation participant, or board members; and
2. During the entire agency designated meal period (shown in policy point "F").

[Example #1a employee](#)

[Example #1b volunteer](#)

[Example #2a employee](#)

[Example #2b board member](#)

[Example #3 employee](#)

B. For non-overnight travel on a non-scheduled work day (such as the weekend), a traveler is eligible for a meal reimbursement if they are in travel status:

1. For at least eleven hours for employees, five hours for volunteers, community compensation participant, or board members; and
2. During the entire agency designated meal period (*shown in policy point "F"*).

[Example non-overnight](#)

C. For overnight travel on either a scheduled or non-scheduled work day, a traveler is eligible for a meal reimbursement if in travel status during the entire agency designated meal period (*shown in policy point "F"*).

[Example overnight](#)

D. The traveler must not stop for a meal as a way to meet the eleven hour rule or five hour rule as applicable.

[Example meal stop](#)

- E. **The time spent on the traveler's commute route traveling to or from their destination does not count toward meeting the eleven hour rule.**

Example commute

- F. **The agency meal periods are defined as follows:**

Breakfast	From 1½ hours before the regularly scheduled work hour until the beginning of the regularly scheduled work hour.
Lunch	3½ hours after the regularly scheduled work hour begins until 3 ½ hours before the regularly scheduled work hour ends.
Dinner	From the end of the regularly scheduled work hour until 1½ hours after the regularly scheduled work hour.

1. Meal periods on non-scheduled work days remain the same as on the traveler's regularly scheduled work days.
2. If a traveler does not have the same regularly scheduled hours each day of the week, the regularly scheduled hours on the scheduled work day preceding the non-scheduled work day are used to determine the meal periods for the non-scheduled work day.

Example meal periods

- G. **For purposes of calculating both the five hour rule for volunteers, community compensation participant, and board members and the eleven hour rule for employees and determining meal periods for board or commission members, community compensation participant, volunteers, on-call employees, or those with part-time schedules, the regular work schedule is considered to be 8:00 AM -5:00 PM, Monday through Friday.**

- H. **Compensation for meal expenses must not be authorized when a traveler does not incur expenses for meals because the meal was furnished.**

1. When meal costs are included in the lodging rate or registration fee of a meeting, conference, convention, or formal training session, a traveler is not eligible for meal compensation.
2. A continental breakfast and meals served on an airline are not considered a meal when determining if the traveler is eligible for reimbursement.
3. If the traveler requires any type of accommodation for meals while traveling, the traveler will need to work with their supervisor or manager and human resources prior to travel expenses being incurred. When extra costs are incurred,

the reasonable accommodation number must be referenced on the payment documentation.

- I. All meals not associated with an overnight stay are taxable meals (per IRS rules) and are paid at the area rate of the traveler's destination.

[Example taxable meals](#)

- J. When traveling to more than one destination, meals are paid at the destination area with the highest per diem rate.

[Example multiple destinations](#)

- K. For overnight travel assignments, IRS rules require all meals to be reimbursed at the rate for the area where the traveler stops for sleep. The meal reimbursement rate for the last day of travel (return day) would continue to be the rate for the location where the traveler last stopped for sleep.

[Example overnight meal rate](#)

- L. Reimbursement for meal expenses incurred at the traveler's official station or official residence is prohibited as the traveler is not in travel status while at their official residence or official station, even if working at a location other than their regular workplace or home.

[Example meals at official station or residence](#)

The only exceptions are when:

1. Allowed by DSHS [administrative policy 19.70.11](#) meals with meetings;
2. In emergency situations when the appointing authority determines that employees performing critical agency functions must remain at their work station; or
3. An employee's official duties require them to dine with clients of the agency (e.g., counselors dining with residents).

- M. Meal reimbursements are paid at the rates shown in [SAAM 10.90](#).

1. When a traveler elects to use a travel trailer or camper in lieu of commercial lodging, reimbursement for meals is to be at the "non-high cost locations" rates.

2. When a traveler is requested by their administration to use their travel trailer or camper in lieu of commercial lodging, meals are reimbursed as part of the hourly per diem payment.
3. When it becomes necessary to determine the amount to reimburse for individual meals the following calculations of the daily meal rates are used rounded to the nearest dollar:
 - a. The breakfast portion is 25% of the set daily meals entitlement.
 - b. The lunch portion is 30% of the set daily meals entitlement.
 - c. The dinner portion is 45% of the set daily meals entitlement.
4. For non-mandatory attendance at seminars or professional meetings, meals may be reimbursed at less than the standard rate (as stated in SAAM 10.90.10 and 10.90.20), provided that reimbursement at a lower rate is agreed to in writing by the traveler in advance of the travel.

Procedure

Procedures for [claiming reimbursement through TEMS](#) are posted on the [travel website](#).

ⁱ Housekeeping to update links and add community compensation participant